



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Fall 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
October 2, Wednesday 9:00 am – South Site	USA – Oberg & Leveaux Mountains Just south of Lutsen Mtn, these 2 trails are among the prettiest along the Superior Hiking Trail. There are beautiful overlooks of Lake Superior and the Lutsen Mountain Range. Passport required. Out of Country insurance recommended. Bring lunch and fluids. Stopping in Grand Marais for supper is a possibility.	Intermediate/Difficult	10 km / 4 hr	320 km / 4 hr	\$18	
October 5, Saturday 10:00 am – North Site	Welch Mountain Hike One of our favorites, this trail is relatively close to town and offers many levels of hiking experience. We will hike to the “George Rhine Lookout”, and then continue past the North Lookout and to adjacent lookouts. Bring a lunch and plenty of fluids. Due to hunting season, wear appropriate bright colors.	Intermediate	8 km /4 hr	120 km / 2 hr	\$6	
October 6, Sunday 8:00 am – North Site	Thunder Cape Bird Observatory Bike & Hike (Sleeping Giant Provincial Park) See the banding of local birds, and climb the tower above the tree tops, with great views of Thunder Bay and Pie Island. Bicycle helmets are mandatory. Vehicle day permit \$15 (\$11 for seniors). Bring lunch and plenty of fluids.	Very Difficult	26 km / 5 hr	150 km / 2 hr	\$8	
October 10, Thursday 9:00 am – North Site	Silver Falls Loop Starting at the parking lot at the Silver Falls Generating Station, we hike up the Voyageur Portage Trail and join the Ridge Trail, which connects to the Silver Falls trail back to the parking lot. Bring a lunch, snacks and beverages. Wear hiking boots and clothing appropriate for the weather. It’s hunting season, so wear bright colors.	Difficult	14 km / 4 hr	110 km / 2 hr	\$6	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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October 12, Saturday 10:00 am – South Site	Middle Falls and High Falls (USA) We will start at the Visitor Center USA and hike to Middle Falls. On the way back we will stop at the High Falls Lookout. Bring lunch and fluids. Appropriate footwear required. Option to stop at the Neebing Hotel after. Note: Passports are required. Out of province medical insurance recommended. No fresh fruit across the border.	Intermediate	8 km /3 hr	160 km / 2.5 hr	\$8	
October 19, Saturday 10:00 am – South Site	Mink Mountain Hike Hike along the shore of Lake Superior and then ascend 600 ft. to the top of Mink Mountain for incredible vistas of our landscape. Wear sturdy footwear and bring lunch and beverages. Due to hunting season, wear appropriate bright colors.	Intermediate	6 km /3 hr	100 km / 1.5 hr	\$5	
October 22, Tuesday 10:00 am – South Site	NorWesters – Lost & McRae Mt. The hike starts and ends from the end of Coppin Rd. We'll follow the main trail along Willie Creek to Mt. McRae. From various lookouts you will see the NorWesters to Mt. McKay. We'll return the same way until reaching the fork to Lost Mt. The lookouts from Lost Mt. overlook the City and the Kam valley. Total elevation difference to be hiked is about 400 metres. Bring poles, water and lunch. Due to hunting season, wear appropriate bright colors.	Difficult	9 km /4 hr	20 km / 30 min	\$2	
October 26, Saturday 1:00 pm – North Site	Mills Block to Rabbit Mountain & return We will hike through Mills Block Forest, across old logging trails to Rabbit Mountain, with great views of Thunder Bay and Lake Superior, and then return the same way. Bring food and fluids. Possibility of refreshments afterwards.	Intermediate	10-12 km /4-5 hr	10 km / 45 min	\$2	

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November 2, Saturday 1:00 pm – South Site	Kamview Hike Enjoy this relaxed pace hike along x-country ski trails. Bring snacks and fluids. This is a dog friendly hike.	Easy/Intermediate	7 km /2-3 hr	20 km / 40 min	\$2	
November 7, Thursday 9:00 am – North Site	Top of the Giant Bike & Hike Experience one of the most spectacular views of Lake Superior and the Sleeping Giant. We will bike from the Kabeyan trail parking lot to the bike rack before Lehtinen’s Bay and then hike to the Top of the Giant. We will have lunch at the top, and then head back the same way. Sturdy footwear is required. A mountain bike is required, since the trail may be wet and muddy. This is a moderately paced bike and hike. Bring water, snacks and lunch. Vehicle day permit \$14 (\$11 for seniors). Note: This is a very long trek for experienced hikers only.	Very Difficult	24 km / 6 hr	150 km / 2.5 hr	\$8	
November 10, Sunday 10:00 am – North Site	Middlebrun Bay (Sleeping Giant Provincial Park) We will hike in to Middlebrun Bay, then travel through the bush to a nice spot to have lunch. Bring lunch and plenty of fluids. Vehicle day permit \$15 (\$11 for seniors).	Easy/Intermediate	8 km / 3.5 hr	160 km / 2.5 hr	\$8	
November 16, Saturday 10:00 am – South Site	Fever Lookout Hike After driving to Coppin Rd, we will hike along a wide trail up a series of hills to panoramic Fever Lookout, overlooking Loch Lomond. Join us for a beverage at the Nor’Wester after. Due to hunting season, wear appropriate bright colors.	Intermediate	10 km /3 hr	22 km / 45 min	\$2	

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November 23, Saturday 10:00 am – South Site	Lizard-Downey Lakes Loop We will drive to Silver Mountain and hike a loop by 2 lakes with an overview of South Gillies. Bring water and lunch/snacks. We have an option to stop at Stanley or Kakabeka afterwards.	443537 Intermediate	8–10 km / 3–3.5 hr	130 km / 2 hr	\$7	
November 30, Saturday 10:00 am – North Site	Bay's End Lookout and Beyond We will hike or snowshoe along the top of a continuous ridge overlooking Lake Superior, enjoying overlooks at a relaxed pace. Bring a lunch and fluids.	Easy	8 km / 3 hr	100 km / 2 hr	\$5	
December 7, Saturday 11:00 am – South Site	Pennock Creek Trail (Tree Farm) We will hike or snowshoe through the tree plantation.	Easy	8 km /2-3 hr	20 km / 30 min	\$2	
December 8, Sunday 6:00 pm – Jumbo Gardens Community Centre – Toivo St	Annual Christmas Walkabout & Pot Luck We will meet at Jumbo Gardens Community Centre. We will have two options for hikes, one on streets around the center to view Christmas lights. The Second will be a hike on trails behind the Community Centre. After the hike we will meet at Westminster United Church to have a Pot-luck get-together to celebrate the season. Bring a dish to share with the Group.	Easy	3 - 5 km / 1.5 hr	n/a	n/a	
December 15, Sunday 10:00 am – North Site	Coldwater Canyon Lookout - Dorion We will hike or snowshoe a side trail off the Brunner Trail Loop to a cliff overlooking Coldwater Canyon and then do the Brunner Trail Loop. Bring a lunch and plenty of fluids.	Intermediate	8 km / 3 hr	140 km / 1 hr 40 min	\$7	

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