

Winter 2020 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
We are looking for new Hike Leaders. Do you have a favorite hiking trail you could take us on? For more information, contact Peter 633-2404 or Harriet 475-6944						
January 4, Saturday 10:00 am – South Site	Mt. Mollie Snowshoe This snowshoe begins at the end of Little Trout Bay Road. It begins with a steep climb, continuing along rolling hills to the top of Mount Mollie, with many vistas with spectacular views overlooking Lake Superior. Bring lunch and warm fluids.	Difficult	6.2 km / 4 hr	70 km / 1.5 hr	\$4	
January 5, Sunday 1:00 pm – South Site	Intruduction to Snowshoeing – Kamview Learn the basics of snowshoeing, relaxed pace. If you need to rent snowshoes (apx \$7.00) call Peter 633-2404. Snowshoe day pass \$7.00, no fee if you have a Nordic Trails membership. Warm up in the Chalet after the snowshoe.	Easy	5 km / 2 hr	20 km / 30 min	\$2	
January 12, Sunday 10:00 am – South Site	Grand Portage USA – Park Trails We will hike or snowshoe to Middle Falls and return. Note: Passports are required. Out of province medical insurance recommended. Possibility of refreshments afterwards. This is a dog friendly hike. (proof of rabies shots required)	Intermediate	9 km / 2 hr	130 km / 2 hr	\$7	
January 16, Thursday 10:00 am – North Site	High Falls on Dog River (northern section) Silver Falls Provincial Park The outing starts and ends from the road going to the Silver Falls campground. We'll snowshoe the ridge overlooking the Dog River and then north along the ridge to High Falls. The return will be along the river which includes several small ponds and another waterfall. Total elevation difference to be hiked is about 500 metres.	Difficult	10 km / 5 hr	100 km / 2 hr	\$5	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

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January 18, Saturday 1:00 pm – South Site	Cross Country Ski- Kakabeka Enjoy this relaxed pace, x-country ski. We will decide how long we want to go, depending on the weather. Day fee - \$6.00 approx, if you don't have a Nordic pass. Option to stop in Kakabeka for food after the outing.	Intermediate	5-10 km / 2 hr	40 km / 1 hr	\$2	
January 19, Sunday 11:00 am – South Site	Squaw Bay Hike We will meet at the South Site at 11:00 am. We will carpool and then drive to Squaw Bay on the FWFN. We will either hike the Carp River Trail or a trail up to Loch Lomond and return, depending on trail conditions. SNOWSHOES ARE A MUST. Dress warmly as we will be hiking beside Lake Superior and it could be windy. We will make a short stop for a snack.	Intermediate	10 km / 3 hr	40 km / 1 hr	\$2	
January 25, Saturday 1:30 pm – North Site	Grand Trunk Railway Walk or Snowshoe Take an easy scenic walk along the abandoned Grand Trunk Railbed. Join Pat and Rod at their home after the hike for refreshments. Appetizers would be appreciated.	Easy	5.5 km / 2 hr	16 km / 10 min	\$2	
January 26, Sunday 10:00 am – South Site	Big Chief Snowshoe (old FWSC addition) We will snowshoe the Low Pass to Big Chief and then return to the Filtration Plant on FWFN via the High Pass.	Intermediate	7 km / 3 hr	20 km / 20 min	\$2	
January 30, Thursday 10:00 am – North Site	Bentley Lake Snowshoe We will snowshoe from the end of the plowed section of Onion Lake Dam Road to Bentley Lake. We'll cross a marsh, a creek and climb a couple of hills. We will return the same way. Bring lunch and a beverage. This is a dog friendly hike.	Intermediate	7 km / 3.5 hr	40 km / 1 hr	\$2	

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February 2, Sunday 10:00 am - Centennial Parking lot	Centennial Lookout Trail Snowshoe Snowshoe on a trail that follows a ridge between the Red & Blue trails in Centennial. Bring lunch & beverage.	Intermediate	6 km / 3 hr	n/a	n/a	
February 8, Saturday 9:00 am – South Site	Cascade River (USA) to Lookout Snowshoe Note: Passports are required. Out of province medical insurance recommended. No fresh fruit across the border. We will wander past various viewing platforms while snowshoeing up to the Lookout. From here we will circle back down a wide cross country ski trail and return to trailhead. Afterward we traditionally visit the Cascades Restaurant for food and beverage.	Intermediate	7 km / 3 hr	280 km / 4.5 hr	\$14	
February 9, Sunday 1:00 pm – North Site	Hazelwood Lake Snowshoe An easy Sunday afternoon snowshoe outing on packed trails at Hazelwood Lake Conservation area. We will stop for a snack at the Pavilion on the beach. Note: there is a \$2.00/car day use fee.	Easy	8 km / 2 hr	30 km / 1 hr	\$2	
February 13, Thursday 10:00 am - South Site	Snowshoe down the Slate River We will hike or snowshoe down the scenic Slate River to the mouth of the Kaministiquia River and return the same way. Could be a bit icy, depending on snow conditions and any recent thaws. Possibility of going to the Neebing after. This is a dog friendly hike.	Easy/Intermediate	8 km / 2-3 hr	35 km / 1 hr	\$2	
February 15, Saturday 10:00 am – South Site	Mink Mtn. Hike or Snowshoe A hike around the top loop of Mink Mountain and then down to Sturgeon Bay. A walk along the ice to return to our vehicles. This is a dog friendly hike.	Intermediate	10 km / 2 hr	80 km / 1 hr	\$4	

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February 16, Sunday 10:00 am – North Site	Middlebrun Bay – Sleeping Giant Park We will hike in to Middlebrun Bay. Then, weather permitting; we will travel through the bush to a nice spot to have lunch. We will return the same way. Bring lunch and plenty of fluids. Vehicle day permit - \$15 (\$12 for seniors).	Easy/Intermediate	8 km / 3.5 hr	160 km / 2 hr	\$8	
February 22, Saturday 10:00 am – South Site	Snowshoe – Mt. David Thompson We will snowshoe to Mt. David Thompson, with an overview of Lake Superior. We will return on the north side of the mountain via Crescent Lake.	Difficult	10 km / 4.5 hr	20 km / 20 min	\$2	
February 23, Sunday 1:00 pm – South Site	Cross Country Ski - Kakabeka We will cross country ski at Kakabeka, and will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic Pass.	Intermediate	/2 hr	40 km / 1.5 hr	\$2	
March 1, Sunday 10:00 am – South Site	Cloud Lake Snowshoe We will snowshoe through the beautiful NorWester Mountains of the Cloud Lake area. Bring a lunch and a beverage for after the hike at Bruce's cabin.	Intermediate	6 km / 2h	66 km / 1 hr	\$4	
March 2, Monday 1:30 pm - Parking lot by the entrance path to the Spirit Gardens in Marina Park (beside the condos off of Water St.)	Urban Hike A leisurely walk around the Marina and along McVicar Creek and back to the parking lot. Option to stop along the way for a beverage. This is a dog friendly hike.	Easy	5 km / 1.5 hr	n/a	n/a	

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March 7, Saturday 10:00 am – South Site	Raven Lake Snowshoe We will drive to Graham and Kerstin’s home nestled in the hills of Neebing. From here, Graham will lead us across several rugged hills and valleys up to high cliffs overlooking Raven Lake. If time permits we will continue to a beautiful ice falls. Bring a lunch and lots to drink.	Difficult	10 km / 4.5 hr	60 km / 1 hr	\$3	
March 8, Sunday 10:00 am – South Site	Memory Road to Big Trout Bay & Beyond The trailhead begins along Memory Road, at the Nature Conservancy of Canada Parking lot. We will snowshoe along a trail to the rocky beach at Big Trout Bay, and up to Little Trout Bay Lookout if conditions are good. We will return the same way. This is a fast-paced hike.	Difficult	8-12 km / 3-4 hr	80 km / 2 hr	\$4	
March 12, Thursday 7:00 pm – South Site	Tree Farm Evening Hike or Snowshoe Enjoy a pleasant hike or snowshoe through a tree plantation. There are interpretive stations along the way if interested in the types of trees growing in this unique nursery. This is a dog friendly hike.	Easy	8 km / 2-3 hr	20 km / 30 min	\$2	
March 14, Saturday 10:00 am – North Site	Snowshoe to Nala Lake We will drive to Suzanne’s camp on Loon Lake, and then snowshoe over the hills to picturesque Nala Lake and back for a pot luck lunch at the camp (sorry, no running water).	Intermediate	8 km / 2 hr	50 km / 1 hr	\$3	
March 15, Sunday 10:00 am – North Site	Silver Harbour to Mackenzie Point (with an ice walk around Mary Island if conditions allow) We will hike or snowshoe along the bluffs and trails at Silver Harbour, with an ice walk around Mary Island, if conditions allow. Cleats are suggested if icy conditions. This is a dog friendly hike.	Intermediate	8 km / 4 hr	40 km / 1 hr	\$2	

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March 21, Saturday 9:00 am – North Site	Ruby Lake Snowshoe – East End We will snowshoe through a quiet forest along Ruby Creek to Ruby Lake, then climb to the top of the cliffs overlooking Ruby Lake with a gorgeous panoramic view. After stopping for lunch, we will return the same way. We may stop for refreshments at a restaurant on the way home.	Intermediate/Difficult	10 km / 4 hr	230 km / 3 hr	\$12	
March 22, Sunday 11:00 am – Centennial Parking Lot	Centennial Park to the Cascades We will meet in the parking lot and hike or snowshoe to the Cascades on the west side of the river, and return the same way. There is an option to go to the Hodder Ave Hotel after. This is a dog friendly hike.	Easy/Intermediate	12 km / 4 hr	n/a	n/a	
March 29, Sunday 11:00 am – South Site	Whitefish Lake Snowshoe We will snowshoe on Whitefish Lake for 1 – 3 hours, followed by a potluck at Maira & John’s camp.	Easy/Intermediate	/ 1-3 hr	130 km / 2 hr	\$7	

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