



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Fall 2018 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
October 6, Saturday 8:00 am – North Site	Thunder Cape Bird Observatory Bike & Hike See the banding of local birds, and climb the tower, above the tree tops, with great views of Thunder Bay and Pie Island. Bicycle helmets are required. Vehicle day permit \$14 (\$11 for seniors).	Very Difficult	26 km / 5 hr	150 km / 2 hr	\$8	
October 7, Sunday 9:00 am – South Site	Oberg Mtn to Lutsen Hike among the maples on the Superior Hiking Trail. This hike involves a car shuttle. Passport required. No fruit. Out of country insurance recommended. Sturdy footwear and hiking poles strongly recommended. Bring a lunch, lots of snacks and plenty of fluids. Due to hunting season, wear appropriate bright colors.	Difficult	14 km / 5 hr	360 km / 4.5 hr	\$18	
October 13, Saturday 10:00 am – South Site	High Falls & Middle Falls - USA A hike to enjoy the opposite view of High Falls and Middle Falls. Possibility of refreshments afterwards. Passports required. No fruit and out of country medical insurance recommended. Due to hunting season, wear appropriate bright colors. This is a dog friendly hike.	Intermediate	8 km / 3 hr	130 km / 2 hr	\$7	
October 14, Sunday 9:00 am – North Site	The Far Side of the Giant Bike & Hike We will bike from the Kabeyun trail parking lot to the boulder covered section of Lehtinen's Bay. There we will leave our bikes and scramble over those boulders to the Feet of the Giant. We will ascend the feet and cross over to the side facing Thunder Bay and then continue along the Kabeyun trail to a lovely spot on the beach. Return is the same way. Bring sturdy mountain bikes, food and drinks and dress for the weather. This hike requires physical fitness and good stamina, but it's worth it. Vehicle day permit \$14 (\$11 for seniors).	Very difficult	26 km / 6 hr	155 km / 2 hr	\$8	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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October 18, Thursday 10:30 am – Cascades Conservation Area at the north end of Balsam St.	Cascades and Beyond The hike takes us through the Cascades Conservation Area and then follows the river north to the trail's end near Onion Lake Road. We will see some more waterfalls, rapids and a small old growth pine grove. There are rocky and rooty areas on the trail, as well as some wet and swampy patches. Same way back. Bring a lunch and beverage. There is a \$2 fee per car at the parking lot supporting the Lakehead Conservation Authority. This is a dog friendly hike.	Intermediate	12 km / 3 hr	n/a	n/a	
October 21, Sunday 9:00 am – North Site	Doghead Mtn/Ruby Lake Hike We will hike up a steep trail to spectacular views of Ruby Lake and Lake Superior. Bring a lunch, snacks and plenty of fluids. We may stop in at a restaurant after the hike. Due to hunting season, wear appropriate bright colors.	Difficult	16 km / 6 hr	220 km / 2.5 hr	\$11	
October 26, Friday 10:00 am – South Site	NorWester's – Surprise and Fever Mts. The hike starts and ends from the end of Coppin Rd. The first 1.5 km of the trail is a steady climb of 185 meters. We'll travel over the back side of Lost Mountain before crossing over to Surprise Mt. From a lookout on Surprise Mt. we'll see the Sleeping Giant and Loch Lomond and hike along the base of Fever Mountain before climbing to the top of Fever Mt. Total elevation difference to be hiked is about 500 meters. Due to hunting season, wear appropriate bright colors.	Difficult	12 km / 4 hr	20 km / 30 min	\$2	
October 27, Saturday 10:00 am – North Site	Nipigon River Recreational Trail This is a shuttle hike. We will leave a vehicle in Nipigon and start in Red Rock. The trail is scenic with beautiful lookouts. The terrain can be wet or icy, so ensure you have appropriate footwear. Bring lunch and plenty of fluids. This will be a fast paced hike.	Difficult	8.5 km / 4 hr	228 km / 3 hr	\$12	

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October 28, Sunday 10:00 am – South Site	Mink Mountain and Ski Trails A hike around the trails on top of Mink Mountain and then down along the shore. Then we go across the main road and over to the bluffs on the old ski trails. This is a dog friendly hike. Due to hunting season, wear appropriate bright colors.	Intermediate	10 km / 4 hr	100 km / 1.5 hr	\$5	
November 3, Saturday 1:00 pm – South Site	Kamview Hike Enjoy this relaxed pace hike along x-country ski trails. Bring snacks and fluids. This is a dog friendly hike.	Easy/Intermediate	7 km / 2 – 3 hr	20 km / 40 min	\$2	
November 10, Saturday 9:30 am – North Site	Deer Lake Mountain Trail Hike Trail head is 3.4 km north of Nipigon. Thirteen cliff-top lookouts with panoramic views of Nipigon Bay, Nipigon River, Deer Lake, No Good Lake, Lofquist Lake and Black Bay. Old growth cedar forest, beaver dam. Steep ascent and descent. Water resistant footwear recommended. Bring lunch and a hot drink. Due to hunting season, wear appropriate bright colors.	Intermediate/Difficult	6.6 km / 3.5 hr	217 km / 2.5 hr	\$11	
November 15, Thursday 9:00 am – North Site	The Head of the Sleeping Giant Hike We will drive from the North Site to the Kabeyun Trail parking lot. From there we will take the trail to Sawyer Bay and continue along the shore until the side trail to the head. From there, it is a steep climb to the top of the head. Total elevation difference to be hiked is about 600 meters. Bring poles, snacks and lots of fluids. Vehicle day permit \$14 (\$11 for seniors).	Very difficult	16 km / 5 hr	155 km / 2 hr	\$8	
November 17, Saturday 10:00 am – South Site	Fever Lookout Hike After driving to Coppin Rd, we will hike along a wide trail up a series of hills to panoramic Fever lookout, overlooking Loch Lomond. Join us for a beverage at the Nor'Wester after. Due to hunting season, wear appropriate bright colors.	Intermediate	10 km / 3 hr	22 km / 45 min	\$2	

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November 24, Saturday 11:00 am – South Site	Rose Mountain A nice hike close to town with great views of Slate River Valley, Lock Lomond and Lake Superior. Some steep sections. Bring snack and fluids. Due to hunting season, wear appropriate bright colors. This is a dog friendly hike.	Intermediate	8 km / 3 hr	30 km / 30 min	\$2	
November 25, Sunday 10:00 am – South Site	Pincushion Mountain, USA From Grand Marais, MN, we will hike to the lookout on Pincushion Mountain. From the Pincushion Lookout you will have views over Lake Superior, the Devil Track River and the town of Grand Marais. Passport required. No fruits or vegetables. After the hike we may stop at a restaurant. Due to hunting season, wear appropriate bright colors.	Intermediate/difficult	6 km / 2 – 3 hr	300 km / 4 hr	\$15	
December 2, Sunday 11:00 am – North Site	Mills Block A hike through the Mills Block Forest. Bring a Christmas ornament to make our own Christmas tree. This is a dog friendly hike.	Easy	6 km / 2 hr	10 km / 15 min	\$2	
December 6, Thursday 10:00 am – South Site	NorWesters – Lost & McRae Mt. The hike starts and ends from the end of Coppin Rd. We'll follow the main trail along Willie Creek to Mt. McRae. From various lookouts you will see the NorWester's to Mt. McKay. We'll return the same trail until the fork to Lost Mt. The lookouts from Lost Mt. overlook the city and the Kam valley. Total elevation difference to be hiked is about 400 metres. Bring poles, water and lunch.	Difficult	9 km / 4 hr	20 km / 30 min	\$2	

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December 9, Sunday 6:00 pm – Jumbo Gardens Community Centre – Toivo St.	Annual Christmas Walkabout & Potluck Meet at Jumbo Gardens Community Centre for a walk on trails in the area or to view Christmas lights in the area. After the walkabout, we will meet at Westminster Church for a potluck Christmas get-together. Bring something to share with the group. The Club will supply coffee, tea, and juice.	Easy	6 km – 1.5 hr	n/a	n/a	
December 13, Thursday 6:30 pm – North Site	Centennial Park Evening Hike A headlamp walk around the bluffs to Hydro Lookout and return along bottom trail by river. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	6 km / 1.5 hr	10 km / 20 min	\$2	
December 16, Sunday 10:00 am – South Site	High Falls & The Lookout (Canada) Starting from the Tourist Centre parking lot, we will hike to High Falls and then continue to the lookout midway between High Falls and Middle Falls. The views from that lookout are breathtaking. Dress for the weather and bring a hot beverage and a snack.	Intermediate	5 km / 2.5 hr	120 km / 2 hr	\$6	

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 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace