



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

## Fall 2017 Program

**MEETING LOCATIONS – North Site:** Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

**PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.**

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
October 1, Sunday 12:30 pm –Neebing Roadhouse – Hwy 61	<b>Afternoon Bike</b> Starting at the Neebing Roadhouse parking lot, we will bike down some country roads, including some steep hills. Weather permitting. We will stop in at the Neebing for a refreshment afterwards.	Intermediate/Difficult	35 km / 2-3 hr	n/a	n/a	
October 7, Saturday 10:00 am – South Site	<b>Mt. Sophie USA, Fall Colors Hike</b> Enjoy this relaxed pace fall colors hike, to an old fire tower. Passports required, no fruit, out of country medical insurance recommended. Bring lunch and fluids. Due to hunting season, wear appropriate bright colors.	Intermediate	10 km /4 hr	150 km / 3 hr	\$8	
October 12, Thursday 9:00 am – North Site	<b>CASQUE-ISLES TRAIL Mount Gwynne Section</b> We will leave some vehicles at Schrieber Beach and then drive down Worthington Bay Road until it is impassable. Leaving the vehicles, we walk to Worthington Bay, see the pictographs and ascend Mount Gwynne up an old mining road. Mount Gwynne is 260 m above Lake Superior and offers a 360° view. Here you will find a plaque honouring Tom McGrath, who envisioned the Casque-Isles Trail. We descend along a series of overlooks with views of Lake Superior to the suspension bridge across Cooks Creek. Then it is a short hike to Schrieber Beach. Sturdy footwear and poles a must. Bring a hearty lunch, plenty of water, lots of snacks. Dress for the weather. This is a dog friendly hike. Due to hunting season, wear appropriate bright colors.	Difficult	9km / 5hr	419 km / 4 hr	\$20	
October 14, Saturday 10:00 am – South Site	<b>High Falls &amp; Middle Falls - USA</b> A hike to enjoy the opposite view of High Falls and then continue on to Middle Falls and return. Possibility of refreshments afterwards. Passports required, no fruit, out of country medical insurance recommended. This is a dog friendly hike. Due to hunting season, wear appropriate bright colors.	Intermediate	8 km / 3-4 hr	65 km / 1 hr	\$4	

EASY: 5 km or less, flat or rolling terrain, leisurely pace  
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace  
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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October 15, Sunday 1:00 pm – South Site	<b>Mt. Josephine &amp; Mt. Rose, USA</b> A steep challenging climb gets you to the top of Mt. Josephine, where you can sit near a rock ledge overlooking the border & Lake Superior, and back towards Grand Portage. From there, we will go to Mt. Rose, for another steady climb for more great views. This will be a fast paced hike. Passports required, no fruit, out of country medical insurance recommended. Due to hunting season, wear appropriate bright colors.	Intermediate/difficult	8 km / 2.5 hr	130 km / 2 hr	\$7	
October 19, Thursday 6:30 pm – South Site	<b>Evening Tree Farm Hike</b> An evening ramble through the tree plantation and around the lake. Headlamps may be required. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	7 km / 2 hr	20 km / 20 min	\$2	
October 22, Sunday 9:00 am – North Site	<b>Top of the Giant Bike &amp; Hike (weather permitting)</b> We will bike from the Kabeyun Trail parking lot to the Talus Lake Trail and Tee Harbour. We will climb a switchback trail to the Top of the Sleeping Giant and across to the Chimney for lunch at one of the best vistas anywhere. Bring a lunch and plenty of fluids. <b>Note: Helmets are required.</b> Vehicle day permit \$14 (\$11 for seniors).	Very difficult	24 km / 5 hr	150 km / 2.5 hr	\$8	
October 28, Saturday 10:00 am – North Site	<b>Red Rock Mountain Trail</b> This is a foot and bike path that goes along the crests and valleys of Red Rock Mountain, and provides panoramic vistas of the town of Red Rock, the Nipigon River, and Black Bay. Wear sturdy boots. Bring lunch and beverages. Due to hunting season, wear appropriate bright colors.	Easy/Intermediate	7.7 km / 3 hr	200 km / 2.5 hr	\$10	

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November 2, Thursday 6:30 pm – Thunder Bay Art Gallery parking lot – Confederation College 1080 Keewatin St.	<b>Evening Culture Walk</b> Walk over to visit the art gallery and exhibition called “On the Trails” by Denise Smith. An exhibition of ceramic sculptures of intricate wilderness scenes. Admission by donation (\$5 is suggested). Then an evening walk up the paved trails by the McIntyre River to Lakehead University, a walk around Lake Tamblyn and return to Confederation College. Possibility of refreshments and artistic discussions afterwards. Headlamps required. This is a dog friendly hike.	Easy	8 km / 1.5 hr	n/a	n/a	
November 4, Saturday 10:00 am – North Site	<b>Mills Block to Rabbit Mt &amp; Return</b> A hike through Mills Block Forest, across old logging trails to Rabbit Mountain, with great views of Thunder Bay and Lake Superior, and then return the same way. Bring food and fluids. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate/difficult	10-12 km / 4-5 hr	10 km / 15 min	\$2	
November 5, Sunday 1:00 pm – South Site	<b>Kamview Hike</b> Enjoy this relaxed pace hike along the x-country ski trails. Bring snack and fluids. This is a dog friendly hike.	Easy/intermediate	5-10 km / 2-3 hr	20 km / 30 min	\$2	
November 12, Sunday 10:00 am – North Site	<b>Tee Harbour – Sleeping Giant Provincial Park</b> We will walk along an old logging road to beautiful Tee Harbour. Vehicle day permit \$14 (\$11 for seniors). <i>For a description of Sleeping Giant Provincial Park and a beautiful photo of Tee Harbour, see pg. 20 of our 2013 edition Trail Guide.</i>	Intermediate	13 km / 3.5 hr	150 km / 2.5 hr	\$8	

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November 18, Saturday 10:00 am – South Site	<b>Pincushion Mtn, USA</b> The next time you are in Grand Marais, MN, take the hike to the lookout on Pincushion Mountain. This is a perfect afternoon or evening hike. From the Pincushion Lookout you will have views over Lake Superior, the Devil Track River and the town of Grand Marais. The Pincushion Lookout trail is part of the Pincushion Mountain Trail System that includes 25 km of trails. The Pincushion trail also connects with the Superior Hiking Trail. Make sure to bring your passport, and remember no fruits or vegetables are allowed over the border. After the hike we will stop in Grand Marais for a snack and refreshments. Due to hunting season, wear appropriate bright colors.	Intermediate/difficult	6 km / 2 - 3 hr	300 km / 4 hr	\$15	
November 19, Sunday 10:30 am – South Site	<b>Finger Point/High Falls Hike</b> We will begin hiking the Finger Point trail with great views of Pigeon Bay & then head on to High Falls. Bring lunch and fluids to enjoy at the lookout. Note: There is a \$2 per vehicle parking fee.	Intermediate	8 km / 3.5 hr	120 km / 2 hr	\$6	
November 25, Saturday 11:00 am – Cascades Parking lot	<b>Trail Running - Cascades</b> We will go for a gentle trail run starting from the parking in the Cascades and Centennial area, dress for the weather.		6 km / 1 hr	n/a	n/a	
November 26, Sunday 10:00 am – South Site	<b>Fever Lookout Hike</b> After driving to Coppin Rd, we will hike along a wide trail up a series of hills to panoramic Fever lookout, overlooking Loch Lomond. Join us for a beverage at the Nor'Wester after. Due to hunting season, wear appropriate bright colors.	Intermediate	10 km / 3 hr	22 km / 45 min	\$2	
December 3, Sunday 10:00 am – South Site	<b>Mink Mountain Hike/Snowshoe</b> A walk (or snowshoe) around the top loop and then down to the waterfront on Lake Superior. Great views of the offshore islands. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10 km / 3 – 4 hr	50 km / 1 hr	\$3	

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December 7, Thursday 6:30 pm – North Site	<b>Centennial Park Evening Hike</b> A headlamp walk around the bluffs to Hydro Lookout and return along bottom trail by river. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	6 km – 1.5 hr	10 km / 20 min	\$2	
December 10, Sunday 6:00 pm – Jumbo Gardens Community Centre – Toivo St.	<b>Christmas Lights Walkabout</b> Meet us at the Jumbo Gardens Community Center at the end of Toivo Street. We will walk in the neighborhood to view the local Christmas lights. Afterwards we will head to Westminster United Church for a Potluck get together. If we have enough snow there will be the option of a six kilometer snowshoe walk.	Easy	6 km / 2 hr	n/a	n/a	
December 17, Sunday 1:30 pm - Meet in parking lot at Marina across from Fire Hall, Water Street	<b>Urban Hike</b> A leisurely walk around the Marina and along McVicar Creek and back to the parking lot. Option to stop along the way for a beverage. This is a dog friendly hike.	Easy	5 km / 1.5 hr	n/a	n/a	

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