



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

## Summer 2019 Program

**MEETING LOCATIONS – North Site:** Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

**PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.**

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
<b>* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.</b>						
July 6, Saturday 10:00 am – North Site	<b>Hazelwood Conservation Area Hike</b> A hike around the Dam, Orange and Forest community trails at Hazelwood Conservation area. Bring a lunch and fluids. This is a dog friendly hike.	Easy	8 km / 2 hr	44 km / 1 hr	\$2	
July 13, Saturday 10:00 am – South Site	<b>Mount Josephine &amp; High Falls USA Hike</b> A steep, challenging climb will bring us to the top of Mt. Josephine, where we will have lunch near a rock ledge overlooking Lake Superior, the border, and back towards Grand Portage. After lunch, we will make the short drive to grand Portage State Park, where we will stretch our legs walking the gentle trail to the American side of High Falls. <b>Note: Passports are required. Out of province medical insurance recommended. No fresh fruit across the border.</b>	Intermediate/Difficult	6.5 km /3.5 hr	130 km / 2 hr	\$7	
July 14, Sunday 9:30 am – North Site	<b>Lake Mary Louise Paddle</b> Enjoy this relaxed pace paddle. Bring your PFD, safety gear, lunch, water, hat, sunscreen. Vehicle day permit \$14 (\$11 for seniors.)	Intermediate	10 km / 3 hr	150 km / 2 hr	\$8	
July 20, Saturday 9:00 am – North Site	<b>Upper Kama Hike</b> We will hike beside a creek passing picturesque waterfalls, then continue to the top of Upper Kama Ridge. We will walk along a high ridge to various lookouts, returning the same way. This hike requires sturdy footwear. Bring lunch and plenty of fluids.	Difficult	10 km/ 5.5 hr	270 km / 3 hr	\$14	
July 21, Sunday 10:00 am – North Site	<b>Loon Lake to Nala Lake Hike</b> We will drive to Suzanne’s camp at 399 West Loon Lake where we will begin our hike. A pleasant walk through wooded trails to Nala Lake and return the same way. A pot luck lunch will follow.	Easy/Intermediate	5 - 7 km / 2 hr	50 km / 1 hr	\$3	

EASY: 5 km or less, flat or rolling terrain, leisurely pace  
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace  
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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July 27, Saturday 10:00 am – South Site	<b>Middle Falls &amp; High Falls (USA)</b> We will start at the Visitor Centre USA and hike to Middle Falls. On the way back we will stop at the High Falls Lookout. Bring lunch and fluids. We will have an option to stop at the Neebing Hotel after. Appropriate footwear is required. <b>Note: Passports are required. Out of province medical insurance recommended. No fresh fruit across the border.</b>	Intermediate	8 km / 3 hr	70 km / 2 hr	\$4	
August 3, Saturday 9:00 am – North Site	<b>Middlebrun, Findlay and Cemetery Trails at Sleeping Giant Provincial Park</b> A hike along the shoreline to Findlay Bay and return, and then a side trip to the old cemetery site. Vehicle day permit \$14 (\$11 for seniors). Bring a lunch and fluids. This is a dog friendly hike.	Intermediate	10 km / 3 hr	160 km / 2.5 hr	\$8	
August 10, Saturday 10:00 am – South Site	<b>Devil's Kettle, Judge Magney State Park, USA</b> In Judge Magney State Park, we will walk uphill to a long set of descending stairs leading to the Devil's Kettle viewing platforms. The trail then meanders along the river bank until we reach a lunch spot. Return along the same trail. <b>Passports required. No fruit. Out of country insurance recommended.</b> Sturdy footwear and hiking poles recommended. Bring a lunch, lots of snacks and plenty of fluids.	Intermediate	7 km /2.5 hr	200 km / 3 hr	\$10	
August 17, Saturday 10:00 am – North Site	<b>Silver Islet &amp; Pizza Party</b> We will hike through Silver Islet to Middlebrun Bay, and return to Dale & Peggy's camp on Surprise Lake at Silver Islet. Afterwards, join us for a pizza party, sauna and swim. BRING A PIZZA TOPPING (pizza dough provided) & beverage.	Easy/Intermediate	14 km / 3.5 hr	160 km / 2 hr	\$8	

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August 18, Sunday 11:00 am – Centennial Parking Lot	<b>Centennial Park to the Cascades</b> We will leave the parking lot and hike along the river up to the Cascades. Might be wet. This is a fairly long hike, but not difficult. Ticks are out there, so be warned. Chance of beverages at the Hodder After. Bring drinks and food for a snack. This is a dog friendly hike.	Easy/Intermediate	12 km / 4 hr	n/a	n/a	
August 24, Saturday 9:00 am - North Site	<b>Doghead Mtn/Ruby Lake Hike</b> We will hike up a steep trail to spectacular views of Ruby Lake and Lake Superior. Bring a lunch, snacks and plenty of fluids. We may stop in at a restaurant after the hike.	Difficult	16 km / 6 hr	220 km / 2.5 hr	\$11	
August 31, Saturday 9:00 am – South Site	<b>Temperance River to Britton Peak</b> <b>Note: Passports are required! Out of province medical insurance recommended. No fresh fruit allowed across the border.</b> We will begin from the south trailhead, hiking beside deep gorges cut by the Temperance River. From here, we proceed up to Carlton Peak for a spectacular 360 ° panorama. We will stop here for lunch, then continue to Britton Peak parking lot. This is a car shuttle. Bring a lunch and plenty of fluids. We may stop at a restaurant after the hike.	Intermediate/Difficult	10 km / 4 hr	350 km / 4 hr	\$18	
September 7, Saturday 10:00 am – South Site	<b>Memory Road to Big Trout Bay Hike</b> Trailhead begins along Memory Road, at the Nature Conservancy of Canada parking lot. We will travel across new boardwalks through old growth forest, reaching the rocky beach at Big Trout Bay. This bay is surrounded by high cliffs, with great views of Lake Superior. Bring your camera! We will stop at the beach for lunch and return the same way. Bring a lunch and plenty of fluids.	Intermediate	8 km / 4 hr	80 km / 2 hr	\$4	

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September 8, Sunday 10:00 am – North Site	<b>Red Rock Mountain Hike</b> This hike follows along the crests and valleys of Red Rock Mountain. This moderate climb provides panoramic vistas of the town of Red Rock, Nipigon River and Black Bay. There is an option to also hike part of the Nipigon to Red Rock Trail (only to Lloyd's Lookout). Bring lunch and beverages. Wear sturdy shoes.	Intermediate	5 km / 3 hr	200 km / 2.5 hr	\$10	
September 14, Saturday 8:30 am – North Site	<b>Mt. Gwynne Hike</b> We will drive east of Schreiber to Worthington Bay Rd., hike down to Worthington Bay pictographs, then west up Casque Isles Trail to a steep 1/4 km trail to top of Mt. Gwynne, returning to explore several points of interest. Bring sturdy shoes, lots of water and snacks for an active day. Check weather for Terrace Bay. Dress for weather and insects.	Difficult	14 km / 3.5 hr	410 km / 5 hr	\$20	
September 17, Tuesday 6:30 pm – Symposium 7:00 pm – Meeting Westminster Church	<b>***** TBHA Annual General Meeting*****</b> Join us for our 36 <sup>th</sup> AGM. We will start the evening with a Meet and Greet at 6:30 pm, with the Business portion starting at 7:00 pm. Following election of next year's executive, we will have a guest speaker. The AGM will take place in Westminster United Church on River Street across from Grandview Mall. Mark the date on your calendar.					
September 21, Saturday 10:00 am – North Site	<b>Silver Harbour to Bluffs Loop Hike</b> A loop hike along the two bluffs on either side of the swamp section at Silver Harbour Conservation Area. (Terrain is uneven and wet in some places). Bring lunch and fluids. This is a dog friendly hike.	Intermediate	5 km / 2 hr	60 km / 30 min	\$3	
September 28, Saturday 10:00 am – South Site	<b>Mt. Sophie USA Fall Colors Hike</b> Enjoy this relaxed pace fall colors hike to an old fire tower. <b>Note: Passports are required! Out of province medical insurance recommended. No fresh fruit allowed across the border.</b> Bring lunch and fluids.	Intermediate	10 km / 4 hr	150 km / 3 hr	\$8	

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