



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
January 6, Sunday 1:00 pm – South Site	Introduction to Snowshoeing-Kamview Learn the basics of snowshoeing, relaxed pace. If you need to rent snowshoes (apx \$10.00), call Peter at 633-2404. Snowshoe Day Pass: \$6.00, no fee if you have a Nordic Trails membership. Warm up in the Chalet after the snowshoe.	Easy	5 km /2 hr	20 km / 30 min	\$2	
January 13, Sunday 11:00 am – North Site	Bentley Lake Snowshoe Snowshoe from ploughed end of Onion Lake Dam Road to Bentley Creek, cross a marsh and climb a hill to a pretty lake. Bring lunch and beverage. No dogs on this outing.	Easy/Intermediate	7 km /3.5 hr	40 km / 1 hr	\$2	
January 19, Saturday 12:00 noon – Centennial Park	Centennial Park to the Cascades Hike or Snowshoe (trail conditions apply) We will be hiking along the river up to the Cascades, around the Orange Trail and back to the Blue Trail, using a different trail that parallels the first, then back to the parking lot. This is a fairly easy hike, along mostly level ground with a few small hills to climb. If the trail is packed we do not need snowshoes. We can stop at the Cascades to have a drink, but no good places to sit down. This is a dog friendly hike, but be aware, there will be other dogs, usually off leash.	Easy/Intermediate	12 km /4 hr	n/a	n/a	
January 24, Thursday 10:00 am – North Site	Dog Falls on Dog River Snowshoe – Silver Falls Provincial Park The snowshoe outing starts and ends from the road going to the Hydro Generating Station at the start of the Silver Falls hiking trail. We'll snowshoe the Portage Trail and then along the ridge overlooking the Dog River before descending to the river. The trail will follow the Dog River to Dog Falls at which point we will continue along the trail to the vehicles. Total elevation difference to be hiked is about 500 metres.	Difficult	10 km /5 hr	100 km / 2 hr	\$5	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
January 26 – Saturday 10:00 am – North Site	Mills Block to Rabbit Mountain & Return We will hike or snowshoe through Mills Block Forest, across old logging trails to Rabbit Mountain, with great views of Thunder Bay and Lake Superior, and then return the same way. Bring food and fluids. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10-12 km / 4–5 hr	10 km / 15 min	\$2	
February 2 – Saturday 10:00 am – South Site	Mount Mollie This snowshoe begins at the end of Little Trout Bay Road. It begins with a steep climb, continuing along rolling hills to the top of Mount Mollie, with many vistas with spectacular views overlooking Lake Superior. Bring lunch and warm fluids.	Difficult	6.2 km / 4 hr	70 km / 1.5 hr	\$4	
February 3 – Sunday 1:00 pm – South Site	Cross Country Ski - Kakabeka Enjoy this relaxed pace cross country ski on the trails at Kakabeka. We will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic pass. Option to stop in Kakabeka for food and refreshments afterwards.	Easy/Intermediate	5 – 10 km / 2 hr	40 km / 1.5 hr	\$2	
February 9 – Saturday 11:00 am – South Site	Middle Falls and High Falls USA (Hike or Snowshoe) We will start at the Visitors Centre USA and hike to Middle Falls. After that, we will go to High Falls Lookout. Bring lunch and fluids. Passports are required. No fruit, out of country insurance recommended. We have an option to stop for refreshments on the way back at the Neebing Roadhouse. This is not a dog friendly hike.	Intermediate	8 km / 3 hr	70 km / 2 hr	\$4	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
February 10 - Sunday 10:00 am – South Site	Chippewa Park Ridge via Sandy Beach We will hike or snowshoe around the Chippewa Park lookout, then along Sandy Beach and around the Chippewa Ridge (the Wrinkles). Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10 km / 3 hr	30 km / 30 min	\$2	
February 14 – Thursday 7:00 pm – North Site	LPH Evening Wander (hike or snowshoe) An evening wander on the trails around the Lakehead Psychiatric Hospital. Possibility of a Valentine’s drink afterwards. This is a dog friendly hike.	Easy	7 km / 1 hr	20 km / 20 min	\$2	
February 16 – Saturday 1:30 pm – North Site	Grand Truck Rail Bed Walk Take an easy scenic walk along the abandoned Grand Trunk Rail Bed between Wappner and Mapleward Roads. Join Pat & Rod at their home for refreshments after the hike. Appetizers would be appreciated.	Easy	5.5 km /1.5 hr	8 km / 10 min	\$2	
February 17 – Sunday 11:00 am – North Site	Silver Harbour to MacKenzie Point Hike or Snowshoe We will hike or snowshoe along the bluffs at Silver Harbour, Camp Road, take a bush trail to abandoned railway tracks, then over to McKenzie Point for lunch. We will return along the same route. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10 km / 3 hr	30 km / 20 min	\$2	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
February 21 – Thursday 10:30 am – Cascades Conservation area (at the north end of Balsam St)	Cascades & Beyond Hike or Snowshoe (Lakehead Conservation Authority) The hike takes us through the Cascades Conservation Area and then follows the river north to the trail's end near Onion Lake Road. We will see some more waterfall, rapids and a small old growth pine grove. There are rocky and rooty areas on the trail, as well as some wet and swampy patches. Same way back. Bring a lunch and beverage. There is a \$2 fee per car at the parking lot supporting the Lakehead Conservation Authority. This is a dog friendly hike.	Intermediate	12 km / 3 hr	n/a	n/a	
February 23 – Saturday 10:00 am – North Site	Mirror Lake Snowshoe A nice scenic snowshoe through the woods around Mirror Lake and Picture Lakes near Pass Lake and Loon Lake. Weather and time permitting, we will stop at Jim & Doreen's trailer for a bonfire to warm up and have lunch. Snow shoes are a must and dress appropriately.	Intermediate	5 km /2-3 hr	100 km / 2 hr	\$5	
February 24 – Sunday 11:00 am – South Site	Kakabeka Ski Cross Country ski at Kakabeka, will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic pass.	Intermediate	/ 2 hr	40 km / 1.5 hr	\$2	
March 2 – Saturday 11:00 am – South Site	David Thompson Mountain Hike or Snowshoe A gentle snowshoe hike from the pay kiosk at Mt McKay, passing Crescent Lake, then up to David Thompson Mtn. We will do a loop at the top where we will have lunch; then it is all downhill from there. Bring a lunch and warm drink.	Intermediate	10 km / 3.5 – 4 hr	30 km / 30 min	\$2	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
March 3 – Sunday 10:00 am – North Site	Kingfisher Lake Snowshoe This outing will be on the Kingfisher Lake Outdoor Education Centre trails. The trails wind through wetland areas, poplar and birch highlands and around rocky outcrops providing ideal terrain for snowshoeing, including views over Kingfisher Lake and return on the loop trail. Bring a lunch or snack and a warm drink.	Easy	6 km / 3 hr	60 km / 1 hr	\$3	
March 9 – Saturday 10:00 am – North Site	Middlebrun Bay Hike or Snowshoe (Sleeping Giant Provincial Park) We will snowshoe 2.5 km beside the Lake Superior shore to Middlebrun Bay, enjoy lunch and explore the area, returning along the same route. Bring lunch and hot fluids. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	5 km / 3 hr	155 km / 2.5 hr	\$8	
March 10 – Sunday 10:00 am – South Site	Mink Mountain Hike/Snowshoe A hike or snowshoe around the top loop of Mink Mountain, and then down to Sturgeon Bay for a walk along the ice to return to our vehicles. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10 km / 2 hr	80 km / 1 hr	\$4	
March 16 – Saturday 10:00 am – North Site	Tee Harbour, Sleeping Giant Provincial Park We will hike or snowshoe along an old logging road to Tee Harbour for lunch and return same way. Vehicle day permit \$14 (\$11 for seniors). Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	13 km / 4 hr	150 km / 2 hr	\$8	
March 17 – Sunday 11:00 am – South Site	Kakabeka Ski Cross Country ski at Kakabeka, will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic pass.	Intermediate	/2 hr	40 km / 1.5 hr	\$2	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Winter 2019 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
March 20 – Wednesday 7:00 pm – South Site	Tree Farm Evening Wander (hike or snowshoe) What better way to celebrate the first day of spring than to join us on this easy wander amongst the trails at the Tree Farm. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	6 km / 2 hr	20 km / 30 min	\$2	
March 23 – Saturday 9:00 am – South Site	Cascade River, USA Note: Passports are required! Out of province medical insurance recommended. No fresh fruit allowed across the border. We will take the opportunity to stand and gaze from all of the viewing platforms of the Cascade River Falls and Rapids. If conditions permit, we will wander up to the lookout which is an easy climb. Most important of all will be the great food at the Cascades Restaurant after all the hiking is out of the way.	Easy/Intermediate	7 km / 3 hr	280 km / 4.5 hr	\$14	
March 24 – Sunday 10:00 am – South Site	Grand Portage USA Park Trails A hike or snowshoe to Middle Falls and return. Note: Passports are required! Out of province medical insurance recommended. No fresh fruit allowed across the border. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	9 km / 2 hr	160 km / 2 hr	\$8	
March 28 – Thursday 10:00 am – North Site	High Falls on Dog River (northern section) Silver Falls Provincial Park The outing starts and ends from the road going to the Silver Falls campground. We'll snowshoe the ridge overlooking the Dog River and then north along the ridge to High Falls. The return will be along the river which includes several small ponds and another waterfall. This is a trail that the TBHA hasn't done previously. Total elevation difference to be hiked is about 500 metres.	Difficult	10 km /5 hr	100 km / 2 hr	\$5	
March 31 – Sunday 10:00 am – South Site	Raven Lake Snowshoe We will drive to Graham and Kerstin's home nestled in the hills of Neebing. From here Graham will lead us across several rugged hills and valleys up to high cliffs overlooking Raven Lake. If time permits, we will continue to a beautiful ice falls. Bring a lunch and lots to drink.	Difficult	10 km / 4.5 hr	100 km / 2 hr	\$5	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace