



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

## Summer 2018 Program

**MEETING LOCATIONS – North Site:** Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

**PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.**

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
July 7, Saturday 10:00 am – North Site	<b>Hazelwood Lake Hike and/or Paddle &amp; BBQ</b> A relaxing outing of paddling and/or hiking, followed by a picnic at the beach. Bring food to share and fluids.	Easy	5 km / 3 hr	50 km / 45 min	\$3	
July 12, Thursday 6:00 pm –Neebing Roadhouse – Hwy 61	<b>Evening Bike</b> Starting at the Neebing Roadhouse parking lot, we will bike down some country roads, (some steep hills included.) Weather permitting. We will stop in at the Neebing for refreshments afterwards.	Intermediate	35 – 45 km / 2-3 hr	n/a	n/a	
July 14, Saturday 10:00 am – North Site	<b>Silver Islet &amp; Pizza Party</b> We will hike to Middlebrun Bay and return to Dale & Peggy’s camp on Surprise Lake at Silver Islet. Afterwards, join us for a pizza party, sauna and swim. BRING A PIZZA TOPPING (pizza dough provided) & beverage.	Easy/Intermediate	14 km /3.5 hr	160 km / 2 hr	\$8	
July 15, Sunday 10:00 am – Centennial Park parking lot	<b>Centennial Park to the Cascades &amp; Return</b> This will be a fairly easy hike on mostly level trails. This will be a dog friendly hike.	Easy/Intermediate	12.5 km/3.5 - 4 hr	n/a	n/a	
July 21, Saturday 9:30am – South Site	<b>High Falls/Finger Point Hike</b> Travel down to Pigeon River border area and hike a popular trail that has great views of Pigeon Bay and Lake Superior. Also hike up to High Falls (Canadian side). Bring lunch & plenty of water. Wear sturdy boots. Provincial Park Fee: \$2.00 per person (\$1.75 for seniors).		8 km / 3.5 hr	120 km / 2 hr	\$6	

EASY: 5 km or less, flat or rolling terrain, leisurely pace  
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace  
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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July 22, Sunday 9:30 am – North Site	<b>Mary Louise Lake Paddle</b> Enjoy this relaxed pace paddle. Bring your PFD, safety gear, lunch, water, hat & sunscreen. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	10 km /3 hr	150 km / 2 hr	\$8	
July 29, Sunday 9:00 am – North Site	<b>Top of the Giant</b> From the Kabeyun trail parking lot, we will head to Tee Harbour where we will have a short break; then continue toward the Top of the Giant and the Chimney. The trail includes steep climbing and beautiful vistas. Steady above average pace will be maintained. Lots of snacks and fluids will be needed. Vehicle day permit \$14 (\$11 for seniors).	Very Difficult	24 km / 6 hr	155 km / 2 hr	\$8	
August 5, Sunday 9:00 am – North Site	<b>Cavers &amp; Gravel River Falls</b> The trailhead begins part way up Caver’s Hill, and follows a ridge with many scenic overlooks. We will return the same way. If time permits, we will visit a waterfall along Gravel River. Bring camera, lunch and lots to drink. We may stop for refreshments afterwards.	Intermediate	6 km /4 hr	300 km / 3 hr	\$15	
August 9, Thursday 6:00 pm – Paipoonge Museum, Rosslyn Rd	<b>Evening Bike</b> We will ride on country roads, Rosslyn Rd to Riddler Drive and country roads beyond.	Intermediate	30 – 40 km / 2 hr	n/a	n/a	

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August 11, Saturday 9:00 am – South Site	<b>East Fowl Lake, USA</b> We will drive to Hovland, MN and then follow the Arrowhead Trail inland to the trailhead. We will hike to a ridge overlooking the Pigeon River source. Next is a steep climb to a high hill overlooking South Fowl Lake on the Canada/USA border. Return by the same route. Bring lunch and fluids. <b>Note: Passports are required. Out of province medical insurance is recommended. No fresh fruit allowed across the border.</b>	Intermediate	8 km / 3 hr	250 km / 3.5 hr	\$13	
August 12, Sunday 9:00 am – North Site	<b>Tee Harbour – Sleeping Giant Prov'l Park</b> Walk along an old logging road to beautiful Tee Harbour. Bring bathing suit if you dare. For a full description, see page 20 of our 2013 Edition Trail Guide. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	13 km /3.5 hr	150 km / 2.5 hr	\$8	
August 18, Saturday 11:00 am - Trowbridge Parking Lot (off of Copenhagen Rd)	<b>Trowbridge to Cascades</b> We will hike from Trowbridge parking lot to the Cascades, and return the same way. A barbeque to follow at Dave's after hike. Bring something to barbeque and refreshments.	Easy	8 km / 2 hr	n/a	n/a	
August 25, Saturday 9:30 am – North Site	<b>Loon Lake Paddle &amp; BBQ</b> We will drive to West Loon Lake launch site. The paddle will consist of following the shore around the lake. After the paddle we can swim at the beach. After the swim, we will drive to Jim & Doreen's camp at Mirror Lake. We will have a bbq there. Bring your own beverage. Jim & Doreen will supply burgers & hot dogs. Salads etc. would be appreciated.	Easy	20 km /3 hr	85 km / 2 hr	\$4	

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August 26, Sunday 9:00 am – North Site	<b>Nanabosho Lookout Hike</b> We will drive from the North Site to the Kabeyun Trail parking lot. From there we will take the trail to Sawyer Bay and turn left at the Talus Lake junction. From there, it is a steep climb to the Lookout. Bring snacks and lots of fluids. Vehicle day permit \$14 (\$11 for seniors).	Very Difficult	16 km / 5 hr	155 km / 2 hr	\$8	
September 1, Saturday 10:00 am – North Site	<b>Welch Mountain Hike</b> One of our favorites, this trail is relatively close to town and offers many levels of hiking experience. We will hike to the “George Rhine Lookout”, and then continue past the North Lookout and to adjacent lookouts. Bring a lunch and plenty of fluids. This is a dog friendly hike.	Intermediate	8 km /4 hr	120 km / 2 hr	\$6	
September 8, Saturday 10:00 am – South Site	<b>Kadunce Creek &amp; Grand Marais Lighthouse (USA)</b> There will be two short hikes. We will do Kadunce Creek, hiking along the creek gorge. We will stop for a light snack at a spot near the gorge. Weather permitting; we will walk to the Lighthouse in Grand Marais. To be discussed at the meeting place, option to stay in Grand Marais for an early supper. <b>Note: Passports are required. Out of province medical insurance is recommended. No fresh fruit allowed across the border.</b>	Easy/Intermediate	5 km /1.5 hr	240 km / 1 hr	\$12	
September 9, Sunday 10:00 am – North Site	<b>Middlebrun Bay, Sleeping Giant Prov’l Park</b> A pleasant fall hike along good trails to Middlebrun Bay. (If the trail to Finlay Bay is open we may continue onwards – if group is in agreement). Possibility of refreshments afterwards. This is a dog friendly hike. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	8 km / 3 hr	160 km / 2 hr	\$8	

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September 12, Wednesday 9:30 am – South Site	<b>Oberg &amp; Leveaux Mountains, Minnesota</b> Just south of Lutsen, MN, these trails are among the prettiest trails of the Superior Hiking Trail with overlooks of Lake Superior and the Lutsen Mountain Range. Bring lunch and lots of fluids. Some hikers may decide to stop for supper in Grand Marais. <b>Note: Passports are required. Out of province medical insurance is recommended. No fresh fruit allowed across the border.</b>	Intermediate	12 km / 3.5 hr	260 km / 4.5 hr	\$13	
September 15, Saturday 9:00 am – South Site	<b>Arrowhead Trail to Jackson Lake Road USA</b> This well-groomed Superior Hiking Trail is a one-way hike and will require a car shuttle at the trailhead. The first part of the trail climbs past moss covered rocks and lichen shaped trees to open rocky ridges with views of Lake Superior and Isle Royale before winding back down through a dark forest of quiet backwaters. Bring lunch and plenty of fluids. <b>Note: Passports are required. Out of province medical insurance is recommended. No fresh fruit allowed across the border.</b>	Intermediate/difficult	8 km / 4 hr	210 km / 3 hr	\$11	
September 18, Tuesday 6:00 pm – Symposium 7:00 pm – Meeting Westminster Church	<b>***** TBHA Annual General Meeting *****</b> Join us for our 35 <sup>th</sup> AGM. This year, we will start the meet and greet at 6:00, a half hour earlier than usual, to allow more time for people to renew their memberships. From 6:00 pm – 6:50 pm, people will have the once a year opportunity to pay cash for their 2019 membership. The business portion of this meeting will be starting at 7:00 pm. Following election of next year’s executive, we will have a presentation from the delegation of TBHA members who participated in the Hike Exchange with Finland. The AGM will take place in Westminster United Church on River Street across from Grandview Mall. Mark the date on your calendar.					

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September 20 - 30	<b>Hikers from Finland visit Thunder Bay</b>  Approximately 10 hikers from Finland will be visiting Thunder Bay. Stay tuned to our Facebook page and our hiking hotline 624-4271 as we may have some additional hikes you may wish to join us on.					Teresa L. 767-6691
September 23, Sunday 11:00 am – Centennial Park (parking lot by bridge)	<b>Up and Down the Current River</b>  This hike will follow the trail from the dog park, along the east side of the river until Trowbridge Park. Next, we hike across the bridge and continue down the west side of the river, ending up back at our vehicles. Possibility of refreshments afterwards. This is a dog friendly hike. A group of hikers from Finland will be joining us on this hike.	Intermediate	8 km / 2.5 hr	n/a	n/a	Birdie R. 768-5001
September 30, Sunday 1:00 pm – South Site	<b>Mt. Josephine &amp; Mt. Rose, USA</b>  A steep challenging climb gets you to the top of Mt. Josephine, where you can sit near a rock ledge overlooking the border & Lake Superior, and back towards Grand Portage. From there, we will go to Mt. Rose, for another steady climb for more great views. This will be a fast paced hike. <b>Note: Passports are required. Out of province medical insurance is recommended. No fresh fruit allowed across the border.</b>	Intermediate/difficult	8 km / 2.5 hr	130 km / 2 hr	\$7	Susan D. 632-0960

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