



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

Spring 2018 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

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DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
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April 5, Thursday 10:00 am – North Site	Silver Falls Hike from the power station gate along rugged, hilly terrain up to magnificent Dog Falls and slightly beyond. Return via the same trail. Bring a lunch and something to drink. Sturdy hiking boots recommended.	Intermediate	8 km / 2 hr	90 km / 4 hr	\$5	
April 7, Saturday 1:00 pm – North James St. Soccer Field Parking lot	Northwood Walk Enjoy this relaxed pace walk. There may be water, ice, snow on trail; bring crampons. We will take a break at Tim Horton's half way.	Easy /Intermediate	7 km/3 hr	n/a	n/a	
April 8, Sunday 9:00 am – South Site	Crystal Lake Mine Trail We travel south on Hwy 61, to the Lake Lenore area, where this trail is located. There is steady uphill for 15 minutes followed by many ups and downs on old bush road full of rocks. Views of lakes and streams through maple and pine, open vistas on ridges. Water resistant footwear or a change of wool socks recommended. Bring lunch & hot drink. Unlikely to need tick repellent.	Intermediate/ difficult	15 km/4.5 hr	104 km / 1 hr 20 min	\$5	
April 15, Sunday 10:00 am – North Site	Mills Block to Rabbit Mountain & Return We will hike through Mills Block Forest, across old logging trails to Rabbit Mountain, with great views of Thunder Bay and Lake Superior, and then return the same way. Bring food and fluids. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10-12 km / 4-5 hr	10 km / 15 min	\$2	
April 19, Thursday 10:00 am – South Site	NorWesters – Lost and Fox Mountains Hike The hike starts and ends from the end of Coppin Rd. The first 1.5 km of the trail is a steady climb of 185 metres to the top of Fox Mt. From various lookouts you will see the Kam River Valley and the City of Thunder Bay. From Fox Mt, we cross over to Lost Mt for different views of the City of Thunder Bay. Total elevation difference to be hiked is about 600 metres. This will be a fast paced hike.	Difficult	10 km / 4 hr 30 min	20 km / 30 min	\$2	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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April 22, Sunday 10:00 am – South Side	Old Border Trail to Arrow River (Canada) The trailhead begins at old Pigeon River Border (Canadian side) and travels upstream beside Pigeon River. We will travel up to a beaver dam, then return on a loop trail. Bring lunch and fluids.	Intermediate	6 km / 3 hr	150 km / 2.5 hr	\$8	
April 25, Wednesday 6:30 pm – Thunder Bay Art Gallery – Confederation College – 1080 Keewatin St	Evening Culture Walk Visit Thunder Bay Art Gallery – admission by donation (\$5.00 is suggested.) Then an evening walk up south side trails by the McIntyre River, to L.U, a walk around Lake Tamblyn and a return on north side trails to Art Gallery. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	6 km / 1.5 hr	n/a	n/a	
April 28, Saturday 10:00 am – South Site	High Falls to Middle Falls Canada From the Canadian Visitors Centre near the US border, we will hike to High Falls and from there along the new trail to the lookout, continuing on to Middle Falls. The way back will be along an old logging trail. Sturdy footwear is needed. Bring food and water. There is a \$2.00 vehicle fee.	Intermediate	10 km / 3 hr	120 km / 1.5 hr	\$6	
April 29, Sunday 9:00 am – North Site	Top of the Giant – The Chimney Hike Starting from the Kabeyun Trail parking lot, we will hike to Tee Harbour and then continue to the Top of the Giant an onward to the Chimney. Lengthy hiking and steep climbs require good fitness levels and sturdy footwear, but the views will be more than worth it. Bring enough snacks and lots of fluids to stay hydrated. This will be an above average paced hike, for experienced hikers only.	Very Difficult	24 km / 5-6 hr	155 km / 2.5 hr	\$8	

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May 5, Saturday	Silver Harbour to Mackenzie Point Hike	Intermediate	8 km / 3 hr	20 km / 40 min	\$2	
10:00 am – North site	A hike along the bluffs trail at Silver Harbour, across a wet wooded area to the abandoned Railway tracks and then over to MacKenzie Point. Return after lunch at the point. Possibility of refreshments afterwards. This is a dog friendly hike.					
May 6, Sunday	Finger Point & High Falls – George Rhine Memorial Hike	Intermediate	8 km / 3.5 hr	120 km / 2 hr	\$6	
10:00 am – South Site	We will hike into Finger Point with great views of Pigeon Bay and Lake Superior. Bring drinks and lunch to enjoy at the lookout. We will hike into High Falls after lunch. Note: \$2/vehicle parking fee as this is a provincial park.					
May 12, Saturday	Cascade River USA Hike	Intermediate /difficult	14 km / 6 hr	280 km / 4.5 hr	\$14	
9:00 am – South Site	Note: Passports are required! Out of province medical insurance recommended. No fresh fruit allowed across the border. We will follow the west trail along the Cascade River to Pike Lake Road and return on the east or west trail. For a complete description see pg. 56 of our 2013 Edition Trail Guide. This will be a relaxed pace hike.					
May 17, Thursday	Evening Bike	Intermediate /difficult	35 km / 2-3 hr	n/a	n/a	
6:00 pm – Neebing Roadhouse – Hwy 61	Starting at the Neebing Roadhouse parking lot, we will bike down some country roads, (including some steep hills). Weather permitting. We will stop in at the Neebing for a refreshment afterwards.					
May 19, Saturday	Red Rock Mountain Hike	Intermediate	5 km/3 hr	200 km / 2.5 hr	\$10	
10:00 am – North Site	This hike travels along the crests and valleys of Red Rock Mountain. This moderate climb provides panoramic vistas of the town of Red Rock, Nipigon River and Black Bay. There is an option to also hike part of the Nipigon–Red Rock Trail (<u>only</u> to Lloyd’s Lookout).					

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May 20, Sunday 10:00 am – North Site	Hazelwood Lake Paddle Enjoy this relaxed pace paddle. Bring your PDF, safety gear, lunch, water, hat, sunscreen. \$2.00 parking fee.	Intermediate	5 – 10 km / 3 hr	40 km / 1 hr	\$2	
May 26, Saturday 10:00 am Hodder Ave. Robins Donuts	Welch Mountain Maintenance This gem is located between Pearl and Hurkett and is a wonderful trail that our own TBHA group has developed. It needs some work on it, so wear sturdy footwear; bring lunch & fluids. Trail clearing tools are provided but bring work gloves. Phone ahead for details.	Difficult	- / 5 hr	120 km / 1.5 hr	\$6	
May 27, Sunday 10:00 am – South Site	Falling Snow Lake Conservation Area A wander around this small conservation area by Falling Snow and Pine Lakes with lunch on a “mesa-cuesta” ridge. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	8 km / 3 hr	45 km / 1.5 hr	\$3	
May 31, Thursday 9:00 am – North Site	Thunder Cape Bike & Hike Sleeping Giant Provincial Park Note: This is a very long trek for experienced hikers only. We will bike from the Kabeyan train parking lot to Tee Harbour, and then hike to Lehtinen’s Bay. From there, we will safely do some talus scrambling, then ascend the feet of the Giant and on to Thunder Cape. We will have lunch at the Cape, and then head back the same way. Sturdy footwear is required. This is will be a fast paced bike and hike. Bring water, snacks and lunch. Vehicle day permit \$14 (\$11 for seniors).	Very Difficult	26 km / 6 hr	150 km / 2.5 hr	\$8	
June 2, Saturday 10:00 am – North Site	Hurkett Cove & Ouimet Canyon Hurkett Cove is a conservation area approximately 80 km east of Thunder Bay. We will walk the 2 km trail to Hurkett Cove with an option to walk another portion of this site. We will return to the pavilion for lunch. This is a naturalists’ paradise and migrating birds may be seen. After lunch we will drive to Ouimet Canyon and walk the 2 km boardwalk and trails to two platforms overlooking the 150 metre wide, 200 metre deep gorge. Bring your camera and binoculars! Bring lunch and beverage. Vehicle parking fee approximately \$4.00.	Easy	5 km / 2.5 hr	180 km / 3 hr	\$9	

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June 3, Sunday 10:00 am – South Site	Mt. Rose, NorWesters This is a nice hike close to town with great views of Slate River Valley, Loch Lomond and Sleeping Giant. Short rope climb required. This is a dog friendly hike.	Intermediate	6 km / 3 hr	30 km / 30 min	\$2	
June 7, Thursday 6:00 pm Paipoonge Museum, Rosslyn Road	Evening Bike Start at the Paipoonge Museum, and bike along Hwy 130 to River Road, to Stanley hotel and back (or perhaps take Harstone Rd back). Possibility of going for refreshments afterwards.	Intermediate	30 – 40 km / 2 hr	n/a	n/a	
June 9, Saturday 10:00 am – North Site	Middlebrun Bay Hike – Sleeping Giant Provincial Park We will hike 2.5 km beside the Lake Superior shore to Middlebrun Bay, enjoy lunch and explore the area, returning along the same route. Bring lunch and fluids. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	5 km / 3 hr	155 km / 2.5 hr	\$8	
June 14, Thursday 10:00 am – North Site	Dog Lake Voyageur Portage Silver Falls Provincial Park The outing starts and ends from the road going to the Hydro Generating Station at the start of the silver Falls hiking trail. We'll hike the Portage Trail to Dog Lake. After lunch on the shores of Dog Lake we return along a more westerly trail with a stop at the Dog Effigy before descending to the main Silver Falls trail and the vehicles. Total elevation difference to be hiked is about 420 metres. This will be a fast paced hike.	Intermediate	8 km / 3.5 hr	100 km / 2 hr	\$5	

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June 16, Saturday 11:00 am – Meet at Hodder Tavern parking Lot	Old Hydro Road to Thunder Bay Water Tower A hike along old trails behind Strathcona golf course and ending up at Thunder Bay Water Tower. Then across Hodder Street and down to the Lost trails and back to Hodder Tavern. (some very messy, scratchy sections on abandoned Hydro road). Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	6 km / 2 – 3 hr	n/a	n/a	
June 17, Sunday 9:00 am – North Site	The Far Side of the Giant Bike/Hike Starting from the Kabeyun Trail parking lot, we will hike to Tee Harbour and then continue through Lehtinen’s Bay to ascend the Feet and cross over to the other side of the Sleeping Giant to have lunch on a beach facing Thunder Bay and offering beautiful views of the Chimney from below. Bring lots of fluids and enough snacks as well as a sturdy mountain bike and footwear. This will be an above average paced hike.	Very Difficult	25 km / 5 – 6 hr	155 km / 2.5 hr	\$8	
June 23, Saturday 9:00 am – North Site	Orient Bay Palisades We take a scenic drive along Hwy 11 north of Nipigon to the trailhead. After climbing steep hills and stairs, we will follow the high ridge at the top of the Palisades to many beautiful overlooks. Then we will stop for lunch upon reaching a waterfall and return by the same route. Bring lunch and plenty of fluids.	Intermediate /difficult	8 km / 4 hr	350 km / 4 hr	\$15	
June 30, Saturday 10:00 am – North Site	Welch Mountain Hike One of our favorites, this trail is relatively close to town and offers many levels of hiking experience. We will hike to the ``George Rhine Lookout`` then continue past the North Lookout and to adjacent lookouts. Bring a lunch and plenty of fluids. This is a dog friendly hike.	Intermediate	8 km / 4 hr	120 km / 2 hr	\$6	

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